Research Note:

Stream water quality of a Community-Based Forest Management (CBFM)-protected watershed in Baybay, Leyte, Philippines

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ABSTRACT

The study assessed the quality of stream water of the watershed within the Community-Based Forest Management (CBFM) Project in Cienda, Gabas, Baybay, Leyte, Philippines. Results showed that, on the average, streamflow velocity was 0.30m/sec, streamflow volume 0.32m^3/sec, turbidity 2.96 ntu and the associated sediments 16.0 mg/L. Odor and taste were unobjectionable. pH ranged from 7.50 to 7.0 while total hardness from 7.84 to 15.16 mg/L. The average nitrite (NO_2) content was 11.115mg/L while nitrate (NO_3) was 1.05 mg/L. The concentration of nutrients was also very low. Phosphorous (P) ranged only from 2.20 to 4.46 mg/kg or parts per million (ppm) while potassium (K) ranged from 3.71 to 3.90 ppm. Sodium (Na), calcium (Ca), and magnesium (Mg) concentrations were also very low. Heavy metals were detected but also at low concentrations.

INTRODUCTION

Water is central to many national concerns, including energy, food production, environmental quality and regional economic development. Yet, most people continue to use water with little concern for the prescribed perils (Dzurik, 2003). Lean *et al*. (1990) reported that surface waters are being polluted with a frightening assortment of municipal, industrial and agricultural wastes. Even in industrialized countries, where water quality legislation has taken hold, pollution is still a nagging problem. For much of the developing world, rivers and lakes are often clogged with a virulent mixture of industrial toxins, untreated sewage, and agricultural chemicals.

Lean *et al*. (1990) cited the findings from the World Resources Institute (1988-1989) that nitrates in drinking water may cause blood poisoning in infants, hypertension in children, gastric cancer in adults, and fetal malformations. The combination of high nitrates with pesticides is carcinogenic (cancer-forming) and mutagenic (causing birth defects). The high concentration of nutrients in rivers or lakes is known to cause the abnormal growth of aquatic plants that will deplete the amount of oxygen present causing aquatic animals die. High nutrient concentration will also cause periodic outbreak of toxic blue-green algal blooms (Encarta, 2005).

Agenda 21 stated that nearly half of the world's population is affected in various ways by the degradation of watershed areas (FAO, 2006) and one of which is obviously potable water supply. Watersheds which are common sources of water for various societies on earth are the sites for settlements, agricultural production, industrial centers and commercial complex. In the coming years, if unabated, these areas will no longer provide the potable water for the diverse users in view of the relentless degrading land uses by various entities. The world's supply of freshwater therefore depends largely on people's capacity to manage upstream-downstream flows (FAO, 2006).

Philippine watersheds also suffer similar anthropogenic pressures as manifested by the Ormoc flashfloods, Quezon Province disaster, and Southern Leyte tragedy. At present, only an estimated 0.80 million ha of old growth dipterocarp forest remain (Rebugio *et al.*, 2005) due to commercial logging and land use conversions. To enhance watershed protection, local communities were given the noble task of protecting the uplands and conserving the resources

therein through the Community-Based Forest Management (CBFM) scheme. Thus this study was conducted to obtain baseline information on stream water quality under the CBFM scheme of protecting the remaining watersheds. Hence, data generated from this study is anticipated to provide valuable information for policy formulation involving smallholders, watersheds and water quality.

RESEARCH METHODS

Site of the study

The study site was the west-oriented watershed within the 2236 ha Community-Based Forest Management (CBFM) in Cienda, Gabas, Baybay, Leyte, Philippines. The site is rugged and mountainous with slope ranging from 30 to 80 percent and lies between $124^0 50'$ longitude and $10^0 44'$ latitude having a Type IV climate characterized by a more or less even distribution of rainfall throughout the year (Figure 1). On average, June to January months are wet months while February to May are relatively dry. Average annual rainfall is 2500 mm while the average annual minimum and maximum temperatures are 22.3^0C and 33.67^0C, respectively (PAGASA 2007). The monthly average wind velocity is 2.17 m per second with the highest occurring during February to March and July that is attributed to the northeast and southeast monsoon (CRMF, 2002).

Sampling site 1 (upper portion) was within the protected zone, the second sampling site (middle portion) within the buffer zone, and the third sampling site (lower portion) within the multiple-use zone. The protected zone, located in the northeast portion of the CBFM project site, is a wilderness area protected against human interventions. The buffer zone, located immediately below the protected zone along the southwest orientation, is the portion of the project site where regulated use is permitted. The multiple-use zone is the lower most portion of the project site where traditional cultivation like abaca and coconut plantations is found.

Field and laboratory methods

Water samples were collected, employing stratified sampling technique, at strategic locations within the river system of the study site (Figure 1) using sterilized plastic bottles. Samples were immediately brought and analyzed for the associated nutrients, sediments, hardness, turbidity, and heavy metals at the Central Analytical Service Laboratory of the Visayas State University, Baybay, Leyte. Sample collections for physico-chemical properties were replicated three times while streamflow discharge and velocity were determined seven times within the study period from June to November 2005.

RESULTS AND DISCUSSION

The average streamflow velocity in the watershed was 0.303m/sec (range: 0.230 to 0.344 m/sec) while the average streamflow volume was $0.318m^3/$sec. Site 3 as the lowermost sampling location is the point of convergence of all water from upper and middle sampling sites, thus having the highest volume. Turbidity values varied from 2.65 to 3.26 ntu with site 3 as the least turbid. Based on WHO (1993), the turbidity of water in the watershed is still within the acceptable maximum limit of 5 NTU. The associated sediments on streamflow was very minimal ranging only from 11.0 to 21.0 mg/L (Table 1) which was lower compared with the maximum limit set under DAO34-S 1990 of 25 mg/L (Appendix Table 1).

Odor and taste of water within the three sampling sites were unobjectionable while pH readings varied from 7.50 to 7.61 but still falling within the allowable range for class AA waters based from DAO 34 (S 1990) and WHO (1993). This means that the stream water within the CBFM project area is in superior condition in terms of odor, taste and pH. Contrary to the pH value of soil (i.e. 5.10-6.57), the pH of the stream water within the study site was higher. This condition could be due to basaltic geochemistry of the parent material of the site as reported by Asio (1996) as well as to the absence of sources of pollutants like factories, mining operations, and other possible contributory agents of acidity.

Total hardness ranged from 7.843 to 15.164 mg/L which are lower than the standard limit set by WHO (1993). Too hard water, which is caused
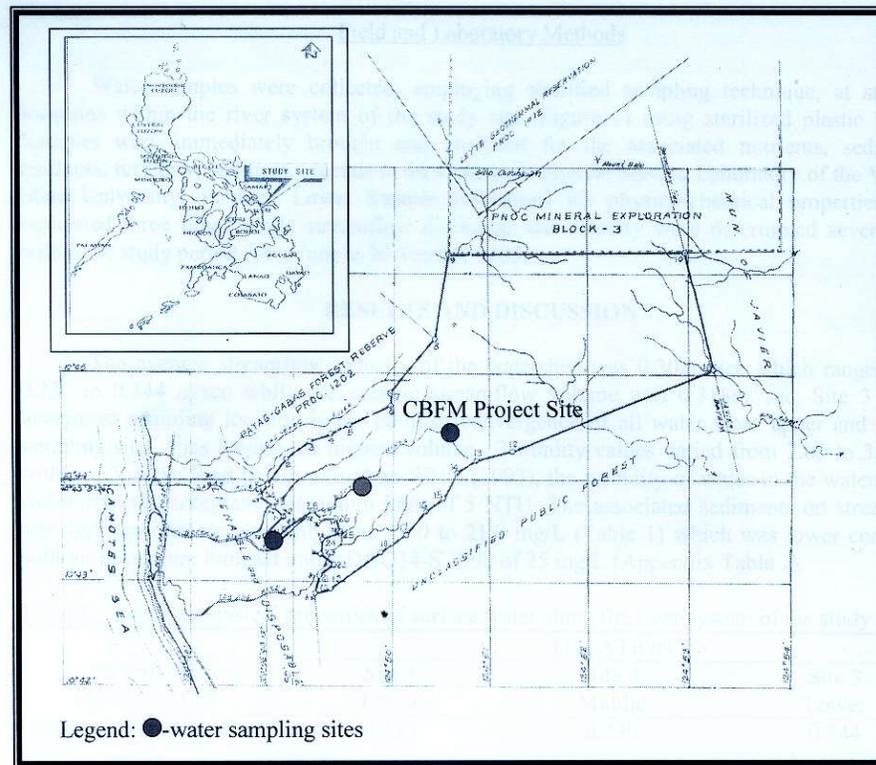
Fig. 1. Map showing the location of the study site within the CBFM Project

Table 1.   Average physical properties of stream water of the study site

Physical properties	Location		
	Site 1 Upper	Site 2 Middle	Site 3 Lower
Velocity (m/sec)	0.336	0.230	0.344
Volume (Q=m^3/sec)	0.162	0.319	0.474
Turbidity (NTU)	3.260	3.250	2.650
Sediments (mg/L)	21.00	12.00	11.00

Table 2. Average chemical properties of surface water along the river system of the study site

CHEMICAL PROPERTIES	Location		
	Site 1 Upper	Site 2 Middle	Site 3 Lower
Odor	Unobjectionable	Unobjectionable	Unobjectionable
Taste	Unobjectionable	Unobjectionable	Unobjectionable
pH	7.510	7.504	7.610
Total Hardness (mg/L)	7.843	8.172	15.164
NO_2 (ug/L)	7.740	6.906	15.321
NO_3 (mg/L)	1.282	1.696	0.820
Total P (ppm)	3.120	2.200	4.460
Total K (ppm)	3.904	3.708	3.884
Total Na (ppm)	4.753	3.969	4.902
Total Ca (ppm)	5.138	5.944	4.894
Total Mg (ppm)	2.057	1.545	1.879

Table 3. Average concentration of heavy metals within the river system of the study site

Heavy Metals	Location		
	Site 1 Upper	Site 2 Middle	Site 3 Lower
Total Cd (ppm)	0.003	0.004	0.006
Total Cu (ppm)	0.058	0.026	0.029
Total Zn (ppm)	0.088	0.077	0.079
Total Ni (ppm)	nil	0.002	0.001

largely by calcium and magnesium salts, is undesirable as it could lead to human disorders. The study however showed that hardness of water within the site is still tolerable. The nitrite (NO_2) content varied from 6.906 to 15.32mg/L while nitrate (NO_3) ranged only from 0.82 to 1.28 mg/L all of which were below the WHO (1993) maximum levels, implying that the water in the site is of good quality.

The concentration of nutrients of the stream water was also very low. Phosphorous (P) ranged only from 2.20 to 4.46 ppm while potassium (K) varied from 3.71 to 3.90 ppm. Sodium (Na), calcium (Ca), and magnesium (Mg) concentrations were also very low (Table 2). This indicates the good quality of water in terms of nutrient level along the site's river system. As mentioned earlier, the hardness of water was also very low, implying the low concentration of nutrients mentioned above

Cadmium (Cd) content of water ranged from 0.003 to 0.006 mg/L which is within the acceptable level set under DAO 34-S 1990. High Cd can cause diarrhea as well as liver and kidney disorder (Encarta, 2005), hence its high concentration in water is undesirable. In addition, there were lower concentrations of copper (Cu), zinc (Zn), and nickel (Ni). Cu content varied only from 0.026 to 0.058 mg/L while Zn ranged from 0.077 to 0.088 and Ni from 0.00 to 0.002 mg/L. The quantitative analyses of the three heavy metals showed that their concentrations were far below the limit set under DAO 34-S 1990 and WHO 1993 and 2004 at 1.00 mg/L for Cu and Zn, and 0.02mg/L for Ni, respectively (Table 3).

CONCLUSION AND POLICY IMPLICATIONS

The stream water of the study site was indeed of good quality. The physico-chemical properties and naturally occurring heavy metals of surface water are within the acceptable range of the WHO (1993, 2004) and DAO 34 S1990. Therefore, algal bloom and heavy metal toxicity are not a threat to the local people dependent on water from the watershed. This was made possible through the relentless effort of the community protecting the watershed against illegal logging and river poisoning. In fact, they were able to apprehend about 18 cases of illegal logging activities and dozens of river poisoning. Hence the

said project was nominated as one of the "exemplary forest management in Asia and the Pacific" (see RAP Publication 2005/02). However, sustaining the enthusiasm of smallholders to keep protecting the watershed remains a great challenge. It is suggested that the government would consider rewards or livelihood opportunities for smallholders in relation to watershed protection. The government may also consider the emerging opportunities on this aspect in view of the global political commitment of halving poverty by 2015 and the Payment for Environmental Services (PES) program.

Rewarding " or as commonly known in South America " *payment for environmental services* (PES) is a newly emerging initiative in forestry and agroforestry development programs. For example, the program for '*Rewarding the Upland Poor for their Environmental Services (RUPES)*' explores new ways of addressing poverty (Van Noordwijk 2007). The goal of the program is to enhance livelihood and resource security for the upland poor in Asia, and maintain or enhance environmental functions (De los Angeles 2007). Opportunities exist for local farmers to maintain or restore local agro-ecosystem functions that protect watersheds, conserve biodiversity and sequester carbon. These include financial incentives and resource security that promote conservation. In addition, new market mechanisms that have the potential to reward the upland poor communities for effective and sustainable natural resources management, are emerging. These opportunities are supported by the global political commitment of halving poverty by 2015 (RUPES 2002). Similar topic is currently reviewed by FAO (2006).

ACKNOWLEDGMENT

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Appendix Table 1. Standard quality criteria for water resources

Parameters	Standard Range	References
Water Resource		
pH	6.5-8.5	WHO, 1993
Odor	Objectionable/Unobjectionable	
Taste	Objectionable/Unobjectionable	
Turbidity	5 NTU	WHO, 1993
Sediments	25 mg/L (TSS)	DAO 34-S 1990
Total Hardness	300 mg/L (CaCO3)	WHO, 1993
NO2 (Nitrite)	3 mg/L	WHO, 1993
NO3 (Nitrate)	50 mg/L	WHO, 1993
Total Cd	0.010 mg/L-0.003 mg/L	DAO 34-S 1990, WHO 1993
Total Cu	1.00 mg/L	DAO 34-S 1990, WHO 1993
Total Zn	1.00 mg/L	WHO, 1993
Total Ni	0.02 mg/L	WHO, 2004