Improving Mulberry (*Morus alba* L.) Leaf Yield and Quality to Increase Silkworm Productivity in Northern Luzon, Philippines

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ABSTRACT

Cocoon silk, a high priced fabric, should be produced in large quantities to meet local and international demands using sustainable farming practices. To determine the effects of planting systems and agroecosystems manipulations on the mulberry growth, leaf yield, and quality for silkworm rearing, six agroecosystems manipulations using pit planting, organic manuring, inorganic fertilization, green and green leaf manuring were evaluated and the best alternative to increase production was selected.

Pit planting method and fertilized with any of the following: (1)100-50-50 kg NPK/ha + 10 tons manure + green manure + mulch (LEISA I); (2) 50-50-50 kg NPK/ha + 10 tons manures + green + green leaf manure + mulch (LEISA II); and (3) 10 tons manure + green manure + green leaf manure + mulch (Organic Farming I) gave higher mulberry leaf yields (taller mulberry plants, longer shoots, heavier single leaf weights), higher protein contents, and acceptable range of moisture (high moisture contents for young-age worms and low moisture contents for late-age silkworms). The use of sustainable and organic farming techniques can be a good alternative to conventional farming to improve the productivity of sericulture farms.

Keywords: sericulture, agroecosystems, organic farming, low external input sustainable agriculture (LEISA), conventional agriculture, mulberry, pit planting method

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INTRODUCTION

Sericulture is a declining industry in the Philippines. This is unfortunate since silk is a high-priced commodity domestically and internationally, and the country has favorable climate for silkworm In Northern Luzon, Philippines, sericulture farmers are rearing. confronted with the problems of low mulberry productivity due to low soil fertility, pests, and drought as the farms are mostly rainfed and low silk fabric yield due to low quantity and quality cocoons which in turn is due to low quality of mulberry leaves and sub-optimal rearing methods (Caccam and Mendoza, 2010). Successful sericulture venture starts with the stable production of sufficient quality mulberry leaves as the quantity and also quality of mulberry leaves affect the growth and development of the silkworm. On farm, the growth of the silkworm depends on the quality of mulberry leaves being fed, and this is dependent on the variety, agronomic practices, maturity, position of the leaf, and season (FAO, 1987). Understanding the ecological relationships and processes (nutrient cycling) of the agroecosystems that will lead to the optimal use of sunlight, soil nutrients, and external inputs (Reijntjes et al., 1992) is necessary in improving production with fewer environmental and social impacts (Altieri, 1983). Agricultural practices and systems that seek to optimize the use of locally available materials and exploit the use of natural, ecological resources eventually decrease the use of external inputs as well as improve the farm productivity and income (Basilio, 2005, UNDP, 1995). Nutrient, disease incidence, and management have direct effect on agroecosystem yields (Kumar et al., 2004). An agroecosystem is productive and healthy when a proper balance of crops, seeds, nutrients, sunlight, moisture, and other co-existing organisms or rich growing conditions prevail and when crops remain resistant to stress and adversity (UNDP, 1995).

Successful cocoon production in India has been mainly attributed to good crop maintenance using high amounts of organic manure, proper disinfection, and hygiene in rearing house and more care in silkworm rearing (Dandin *et al.*, 2005). A high yield gap of 30-40 kg/100 dfls from the potential of 60-70 kg/100 dfls in cocoon was mainly due to non-adoption of mulberry pruning practices, no input application in mulberry farm, partial adoption of rearing technologies, insufficient infrastructure for rearing, and distribution of silkworms (Babulal *et al.*, (2005).

In mulberry production, several technologies could be practiced by sericulture farmers to ultimately increase cocoon yield. Deep plowing at about 40 cm deep and the application of organic matter had been done in mulberry fields (Hikari, 1997), and the use of pit system with wider spacing for rainfed farming are widely adopted practices in India (Krishnaswami, 1986). Use of cattle manure and organic residues that are allowed to decompose in the soil (Alvarez *et al.*, 1999) provides favorable soil environment for earthworms and beneficial microorganisms (William *et al.*, 1998), buffers the strong acidity of the soil, improves their productivity, and protects the environment from pollution (Chen *et al.*, 2001).

This study was conducted to determine the effects of planting systems and agroecosystems manipulations on the mulberry growth, leaf yield, and quality for silkworm rearing.

METHODOLOGY

Location of Study and Description agroecosystems set-up and systems

The study was conducted at Tinaan, Sta. Maria, Ilocos Sur, Region 1, Northern Philippines(17o21'31.05"N 120"25"52.96"E; elevation 30 ft) (Figure 1). The area was rain fed upland plain and previously a pasture area. The soil was of sandy loam type with initial soil pH of 6.7 to 7.07; OM content of > 2%; P content of 42 to 51ppm and K content of 0.63 to .777 kmole/kg soil. The climate is Type 1 with two distinct seasons: dry from November to April and wet from May to October. The temperature ranged from 23-32oC while relative humidity ranged from 78-92% with an average of 86.75%.



Figure 1. Location of the Study Site.

The treatments were laid out in Randomized Complete Block Design(RCBD) with three replications. The agroecosystems set-up and systems, planting techniques, and levels of inputs applied are summarized in Table 1.

Table 1. Systems of planting, inorganic (NPK), and organic fertilization rates applied in existing, conventional, LEISA and organic farming treatments.

| Treatment | Description |
|---|---|
| A. Existing Practice | Row Planting + 100-50-50 kg NPK/ha |
| B. Conventional I | Row Planting + 200–50-50 kg NPK/ha + 10 tons Poultry Manure |
| C. Conventional II | Pit Planting +200-50-50 NPK kg/ha + 10 tons Poultry Manure |
| D. Low external input sustainable agriculture I (LEISA I) | Pit Planting + 100-50-50 NPK/ha + 10 tons Poultry Manure + Green Manure |
| E. Low external input sustainable agriculture II (LEISA II) | Pit Planting + 50-50-50 kg NPK kg/ha + 10 tons Poultry Manure + Green Manure + Green Leaf Manure + Mulch |
| F. Organic Farming I | Pit Planting + 10 tons Poultry Manure + Green Manure + Green Leaf Manure + Mulch |
| G. Organic Farming II | Pit Planting + Green Manure + Green Leaf Manure + Mulch |

Mulberry Crop Establishment and Cultural Management Practices

Mulberry plants were established following the standard procedure (La Union Techno Guide in Mulberry Production, 1998). For the row system of planting, furrows were set at 1.5 m apart with plant spacing of 50 cm within the row. One plant per hill was planted. For pit planting, furrows were set at 1.5 m apart and plant spacing was 1 meter apart. Holes 50 cm x 50 cm x 50 cm were dug. Organic fertilizer was placed in the hole, covered with thin soil before planting the saplings. Two saplings were planted in the hole to meet the desired plant population as in row spacing.

The legume green manure crops used was mungbean (*Vigna radiata*), cowpea (*V. unguiculata*), pigeon pea (*Cajanus cajan*), katurai (*Sesbania grandiflora*) and kakawate (*Gliricidia sepium*). For the green manure treatments, two rows were constructed in between rows of mulberry plants. Mungbean seeds were drilled in two rows at the rate of 18-22 plants per linear meter. Then, these were covered with thin soil. Mungbean pods attained a ratio of 50:50 dried and green; dried pods were harvested and the biomass was mulched on the soil surface. Finally, these were incorporated into the soil during inter-cultivation.

Around each treatment plot, serving as bunds or alleys and in between seven rows of mulberry, rows of kakawate and katurai were planted around the plants. In between the rows of mulberry was a row of pigeon pea that was densely planted at 12 plants per linear meter. Some of the plants were allowed to bear fruits for food and for seed for the next cropping season. Pruning started after six months when enough herbage yields were generated; the pruned branchlets and leaves were mulched on the field and were incorporated into the soil at the start of the rainy season.

The area was mulched with corn stalks and weeds in the dry season. These were placed in between inter-rows after transplanting to conserve soil moisture and check the growth of weeds for those with mulch treatments. Weeding started one month after planting. Weeds near the trees were pulled or under-brushed and the weed cuts were placed in between rows of mulberry trees as mulch. Inter-row cultivation followed. Pests and diseases were monitored regularly to identify and control or minimize insect infestation and disease infection. Diseased plants were removed manually and burned to prevent spread of disease.

For the second green manure crop, cowpea seeds were drilled in rows previously occupied by mungbean at two weeks before pruning. This activity was synchronized with the time of harvesting of mulberry leaves. After the cowpea pods (50:50 green: dry pods) and mulberry leaves were harvested, the cowpea biomass was cut down and placed as mulch for the mulberries. At that time, the mulberry plants were again pruned and the inter-rows cultivated, allowing the cowpea biomass to be incorporated into the soil. The kakawate and the katurai were pruned again at six months after first pruning to prevent them from outgrowing and shading the mulberry plants. The biomass was used as mulch to the plants before they were incorporated into the soil.

Organic manure at the rate of 10 tons/ha poultry manure for the first year and five tons/ha poultry manure and five tons/ha silkworm wastes generated from silkworm rearing for the second year were used. For the row and pit plantings, manure was broadcasted and plowed under during inter-row cultivation. Likewise, inorganic fertilizers were dressed at about 10-15 cm along the sides of the plants.

Harvesting was done 60 days after pruning and every two months thereafter. Leaf picking was done for the young-age worms $(1^{st} - 3^{rd} \text{ instars})$ while branch cutting was done for the late-age worms.

Data Gathering

Data gathering started at one month after planting and continued monthly until one year after establishment. Data were again gathered then every 60 days after pruning in the second year. Ten plants were randomly selected for gathering of the following data in Table 2.

| - | | | | | |
|------------------------|--|--|--|--|--|
| PARAMETERS | METHOD | | | | |
| Plant height | Measured from tallest branch to tip of tallest leaf or shoot. The | | | | |
| | plant height was taken monthly in the first year and bi-monthly in | | | | |
| | the second year. | | | | |
| Number of branches | Number of branches that emerged from the main stem was | | | | |
| | counted. | | | | |
| Length of shoots | Measured from the base of the branches to the tip of the highest | | | | |
| | leaf or shoot. This was taken monthly in the first year and | | | | |
| | bimonthly in the second year. | | | | |
| Number of | The number of leaves appropriate for feeding silkworm was | | | | |
| harvestable leaves per | counted and recorded starting from 5-6 mos after planting then | | | | |
| plant | after every harvest period. | | | | |
| Weight of harvestable | Harvestable leaves were gathered, weighed, and recorded starting | | | | |
| leaves per plant | from 5-6 mo after planting then after every harvest period. | | | | |
| Average single leaf | Each leaf emanating from the stem/ branch was weighed | | | | |
| weight | individually and was recorded. | | | | |
| Mulberry yield/ha | Total leaf yield per plant was weighed after every harvest. | | | | |

Table 2. Growth and yield indicators and the methods of gathering used in determining the performances of mulberry in Conventional, LEISA, and Organic Farming practices.

Three sample plants were randomly selected for moisture and protein content analysis starting from 45 days after leaf harvesting/stripping, then after every 55 and 65 days to coincide with the leaf harvesting with the age of silkworms in each instars. The leaves from the shoot, leaf suited for 1^{st} , 2^{nd} , 3^{rd} , 4^{th} and 5^{th} instar larvae, were gathered, weighed, oven-dried, and reweighed to compute the moisture content. Leaf samples from the shoots, suited for young-age and late-age worms, were gathered from all parts of the plants that corresponded to the stage of silkworm larvae.

Data Analysis

Data collected were analyzed statistically (Combined Analysis in RCBD) to determine the effects of seasons of harvesting, agro-ecosystems manipulation, and their interaction of the growth and yield of mulberry, The DMRT test at 5% level of significance was used in comparing means of planting systems and agroecosystems manipulations.

RESULTS AND DISCUSSION

Growth and Survival of Mulberry Established in the Different Treatments

Mulberries grown in pit planting (LEISA I and II, and Conventional II) with higher N applications than the other treatments, had better plant growth from one month after planting up to six months. Organic matter added in dug pit planting led to more water retained in the soil needed by the plants in the dry season. Soil organic matter should be maintained to increase nutrient holding capacity of soil (PCAARRD, 2012). Organic Farming II plants were the shortest but comparable with plants in Existing Practice. The lower N supplied to the plants led to their poor growth. The growth of plants was slow at one to two months; it suddenly increased at two to five months after planting and slowed down or leveled off at six months after planting (Figure 2).



MAP = Months After Planting

Figure 2. Monthly plant height of mulberry grown in different agroecosystems on its first year of establishment in Sta. Maria, Ilocos Sur.

In the second year, the re-growth of mulberry plants in conventional II was significantly faster (plants were taller) at 15 days to 75 days after pruning. The re-growth of plants in Organic Farming II did not differ

significantly with Existing Practice. On the 30th to 75th day after pruning, the mulberry plants in Conventional II and LEISA I were similar but significantly bigger from the other treatments because more nitrogen was readily available for growth. Plants grown under Organic Farming II and Existing Practice were smaller (Figure 3).



DAP = Days After Pruning



Effect of the Seasons on the Growth and Yield of Mulberry in Its First and Second Year of Establishment

During the first year, the season of harvesting significantly influenced the growth and yield of mulberry. Plants were taller during the rainy months of June to November while the plants formed more branches during the months of April to July. Harvestable leaves were heaviest from January to July while average single leaf weight was significantly highest from June to November (Table 3). In the second year, plants were taller from July to December and April than from January to March. Shoots were significantly longer from July to October than in any other months while the most number of branches was recorded from October to December. The most number of leaves per plant was observed in the July-October and April-June harvesting. Harvestable leaves per plant and average single leaf were significantly heavier than the rest of the treatments (Table 4).

Mulberry Leaf Productivity in the Different Treatments

During the first year, three-leaf harvests were done and this increased to four-leaf harvests in the second year. At three-leaf harvests, LEISA I and Conventional II had the highest mulberry leaf yields, followed by Conventional I and LEISA II. The lowest yields were observed in Organic Farming II & I, and Existing Practice. The lower yields of the Organic I and II and LEISA II were attributable to lower inorganic nitrogen fertilizer applied (Table 5). Though the Organic Farming techniques were provided with mulches, green and leaf manure, the outcome had not been realized during the early months of establishment. In case of mulching with cut grasses, organic mulches, tangible effects cannot be achieved unless more than 1.5 tons of mulch could be used per hectare. The amount of organic matter needed should exceed 18 tons/ha/year and is effective if applied at the end of rainy season (AICAF 1995). Studies have shown, however, that in the first year, inorganic fertilizer treatments gave higher yields than the farmyard manure (FMY). In later years, yields in inorganic fertilizer were lower than the FMY treatment. Income was higher in the farm vard manure treatment (Mansatta, 1999).

Despite lower inorganic fertilization in LEISA I, its substitution with green manure proved beneficial. Since the mulberry yields per unit area are closely related to the number and length of new shoots, it is very important to apply fertilizers to promote the growth of new shoots (AICAF, 1995). In the second year, LEISA I out-yielded all other treatments followed by Conventional II, Conventional I, and LEISA II. Organic Farming II was significantly the lowest, followed by Existing Practice and Organic Farming I.

ffect of season and agroecosystems on the growth, yield and quality of mulberry in the first year of establishment in Sta. Maria, ocos Sur.

| | Plant Height (cm) | Length of Shoots (cm) | Number of Branches/Plant | Number of Leaves/Plant | Weight of Harvestable Leaves/Plant (gm) | Average Single Leaf (gm) | Total Leaf Yeild/Hectare (kg) |
|---------------------------------|--|--|--|--|--|--|--|
| of Harvesting | | | | | | | |
| w 2002 il 2003 lw 2003 | 257.26 a 233.67 b 232.52 b | 169.17 a 122.37 b 146.87 ab | 3.23 b 5.44 b | 51.52 b 52.22 a | 245.26 b 366.19 a | 4.65 a 2.38 b | |
| osystems | 252.52 0 | 140.07 d0 | 10.1 <i>5</i> a | 00.7 - a | 501.1 4 a | 1.07 0 | |
| Practice ional I ional II | 183.54 c 232.18 b 285.19 a | 118.22 c 142.01 b 170.22 a | 5.15 d 6.40 bc 6.92 b | 110 c 133.25 ab 147.07 a | 203.52 e 312.29 cd 413.11 b | 2.39 e 2.82 c 3.52 a | 7928 cd 12367 b 16329 a |
| I Farming I Farming II | 292.30 a 268.99 a 234.60 b 191.18 c | 170.24 a 158.10 a 142.55 b 120.03 c | 7.81 a 6.62 bc 5.76 cd 5.24 d | 151.76 a 135.75 ab 125.46 bc 107.14 c | 474.61 a 358.41 bc 288.54 d 218.91 e | 3.65 a 3.16 b 2.74 cd 2.52 de | 18860 a 10489 bc 8478 cd 6413 d |

m for each factor (seasons and agroecosystems) means followed by the same letter are not significantly t 5% level DMRT

Description

- ractice = Row system + 100-50-50 kg NPK/ha
- = Row system + 200-50-50 kg NPK/ha
- onal II = Pit system + 200-50-50 kg NPK/ha
 - = Pit system + 100-50-50 kg NPK/ha + 10 t manure + green manure + mulch
 - = Pit system + 50-50-50 kg NPK ha⁻¹ + 10 t manure + green manure + green leaf manure + mulch
- arming I = Pit system +10 t manure + green manure + green leaf manure + mulch
- $\operatorname{arming II} = \operatorname{Pit system} + \operatorname{green manure} + \operatorname{green leaf manure} + \operatorname{mulch}$

| Plant Height (cm) | Length of Shoots (cm) | Number of Branches/Plant | Number of Leaves/Plant | Weight of Harvestable Leaves/Plant (gm) | Average Single Leaf (gm) | Total Leaf Yield/Hectare (kg) |
|---|---|---|--|--|---|--|
| | | | | | | |
| 196.39 a 184.61 a 169.02 b 182.85 ab | 129.56 a 94.28 b 71.36 c 85.87 b | 6.39 c 8.07 b 5.85 c 5.85 c | 125.05 ab 104.64 c 117.07 bc 135.96 a | 456.80 a 291.41 bc 212.29 c 291.41 b | 3.63 a 2.12 b 1.82 b 2.16 b | |
| | | | | | | |
| 160.71 d 180.85 bc 210.60 a | 71.90 e 98.85 b 115.24 a | 6.34 ef 7.27 d 8.89 b | 109.29 c 115.47 bc 119.91 bc | 229.25 d 298.93 c 354.97 b | 2.05 cd 2.48 b 2.82 a | 11610.60 de 15372.20 c 18367.00 b |
| 208.50 a 186.30 b 176.23 c 159.34 d | 116.33 a 98.19 b 87.59 c 78 78 | 9.55 a 7.87 c 6.82 de 5.84 f | 138.39 a 127.24 ab 120.50 bc | 413.68 a 351.87 b 288 c 213 80 d | 2.91 a 2.62 b 2.18 c 1.95 d | 21536.90 a 13566.30 c 11073.00 e 8106.10 f |
| | Plant Height (cm) 196.39 a 184.61 a 169.02 b 182.85 ab 160.71 d 180.85 bc 210.60 a 208.50 a 186.30 b 176.23 c 159.34 d | Plant Length of Height Shoots (cm) (cm) 196.39 a 129.56 a 184.61 a 94.28 b 169.02 b 71.36 c 182.85 ab 85.87 b 160.71 d 71.90 e 180.85 bc 98.85 b 210.60 a 115.24 a 208.50 a 116.33 a 186.30 b 98.19 b 176.23 c 87.59 c 159.34 d 78.78 | PlantLength of ShootsNumber of Branches/Plant196.39 a129.56 a $6.39 c$ 184.61 a94.28 b $8.07 b$ 169.02 b71.36 c $5.85 c$ 182.85 ab85.87 b $5.85 c$ 180.85 bc98.85 b $7.27 d$ 210.60 a115.24 a $8.89 b$ 208.50 a116.33 a $9.55 a$ 186.30 b98.19 b $7.87 c$ 176.23 c $87.59 c$ $6.82 de$ 159.34 d 78.78 $5.84 f$ | Plant Height (cm)Length of Shoots (cm)Number of Branches/PlantNumber of Leaves/Plant $196.39 a$ $184.61 a$ $194.28 b$ $169.02 b$ $129.56 a$ $1.36 c$ $5.85 c$ $125.05 ab$ $104.64 c$ $117.07 bc$ $182.85 ab$ $85.87 b$ $104.64 c$ $135.96 a$ $160.71 d$ $110.85 bc$ $210.60 a$ $71.90 e$ $115.24 a$ $8.89 b$ $6.34 ef$ $119.91 bc$ $208.50 a$ $109.29 c$ $115.47 bc119.91 bc208.50 a186.30 b198.19 b7.87 c7.87 c127.24 ab120.50 bc159.34 d78.7878.785.84 f111.97 c$ | Plant Height (cm)Length of Shoots (cm)Number of Branches/PlantNumber of Leaves/PlantWeight of Harvestable Leaves/Plant196.39 a 184.61 a 169.02 b129.56 a 94.28 b 71.36 c $6.39 c$ 5.85 c125.05 ab 104.64 c 291.41 bc456.80 a 291.41 bc160.71 d 180.85 bc 210.60 a 210.60 a71.90 e 115.24 a 8.89 b $6.34 ef$ 119.91 bc 115.47 bc 115.47 bc 298.93 c 298.50 a109.29 c 299.25 d 229.25 d 229.25 d 229.25 d 298.93 c 210.60 a 115.24 a 208.50 a229.25 d 135.96 a160.71 d 16.33 a 186.30 b 198.19 b 176.23 c 176.23 c 159.34 d 178.78 $7.87 c$ 5.84 f 111.97 c213.80 d | Plant Height (cm)Length of Shoots (cm)Number of Branches/PlantNumber of Leaves/PlantWeight of Harvestable Leaves/PlantAverage Single Leaf |

ffect of season and agroecosystems on the growth, yield, and quality of mulberry in the second year of establishment.

m for each factor (seasons and agroecosystems) means followed by the same letter are not significantly t 5% level DMRT

Description

| ractice | =Row system + | 100-50-50 kg NPK/ha |
|---------|---------------|---------------------|
|---------|---------------|---------------------|

- = Row system + 200-50-50 kg NPK/ha
- = Pit system + 200-50-50 kg NPK/ha

= Pit system + 100-50-50 kg NPK/ha + 10 t manure + green manure + mulch

= Pit system + 50-50 kg NPK ha⁻¹ + 10 t manure + green manure + green leaf manure + mulch

arming I = Pit system + 10 t manure + green manure + green leaf manure + mulch

 $\operatorname{arming II} = \operatorname{Pit} \operatorname{system} + \operatorname{green} \operatorname{manure} + \operatorname{green} \operatorname{leaf} \operatorname{manure} + \operatorname{mulch}$

| Treatment | | Inorganic Source | Total Biomass | Total N | |
|-----------------------|--|-------------------------|---------------|---------|--|
| | | | Applied Dry | Applied | |
| | | | Matter Yield | | |
| | | | kg/ha | kg/ha | |
| First Year | | | | | |
| Existing Pract | tice | 100 | | 100.00 | |
| Conventional | Ι | 200 | 4600.00 | 430.00 | |
| Conventional | II | 200 | 4600.00 | 430.00 | |
| LEISA I | | 100 | 6470.68 | 391.91 | |
| LEISA II | | 50 | 8937.97 | 448.10 | |
| Organic Farm | ing I | 0 | 8697.23 | 365.28 | |
| Organic Farm | ing II | 0 | 5148.80 | 178.80 | |
| Treatment Descrip | tion | | | | |
| Existing Practice | = Row s | system + 100-50-50 kg N | PK/ha | | |
| Conventional I | = Row system + 200-50-50 kg NPK/ha | | | | |
| Conventional II | = Pit system + 200-50-50 kg NPK/ha | | | | |
| LEISA I | = Pit system + 100-50-50 kg NPK/ha + 10 t manure + green manure + | | | | |
| mulch | | | | | |
| LEISA II | = Pit system + 50-50-50 kg NPK ha ⁻¹ + 10 t manure + green manure + | | | | |

Table 5. Estimates of N applied from different sources on its first year of establishment in Sta. Maria Ilocos Sur.

green leaf manure + mulch Organic Farming I = Pit system + 10 t manure + green manure + green leaf manure + mulch Organic Farming II = Pit system + green manure + green leaf manure + mulch

Applying chemical fertilizer alone as in Existing Practice proved the least effective. With the addition of organic nutrient sources as in animal and green and green leaf manure crops, the mulberry leaf yield significantly improved in pit planting (LEISA1) over that of Existing Practice. It led to more leaf biomass especially during summer or drier months. Pit planting helps in deep rooting, quick establishment, and luxuriant growth of mulberry plants. With a pit, the application of organic fertilizers deep in the root zone improved soil water retention making it moist throughout the growing season and allowing water and nutrients uptake (FAO, 1990). The application of organic manure with micronutrients combined with or without inorganic fertilizer helped in increasing the availability of nutrients and crop yield and in sustaining and restoring soil fertility (Singh et al., 2011). Green manures can be easily grown in the farms. Seeds can be mass propagated and stored for the next cropping seasons. Green manures are capable of increasing soil fertility (Thorup-Kristensen et al., 2003). Other products such as food,

income, fuel, stakes for climbing fodder, and useful products are highly preferred. In Region 1, Philippines, the use of *Vigna* species (mungbean and cowpeas), and pigeon pea is common. Should these crops be integrated in the mulberry farms as green manures, they would add to the fertility in the soil while still functioning as food crops.

Production practices such as crop rotation, green manuring, composting and mulching, crop diversity and recycling animal manure, use of organic matter as the only fertilizer, pests and disease control involving cultural practices and organic chemicals from herbs (Jitsanguan, 2001) altogether promote and enhance agroecosystems health, biological cycles, and biological activity (Fließbach, *et al.*, 2007; Fließbach and Mäder, 2000). Furthermore, these production practices reduce the use of direct and indirect fossil fuel based energy (Pimentel *et al.*, 2005) and the associated greenhouse gas emission (Smith *et al.*, 2007; Niggli *et al.*, 2009). These are the features of organic farming (Badgley *et al.*, 2007; Pimentel *et al.*, 1995; Reganold *et al.*, 1987) which restores soil health and the long term soil productivity that could be done by sericulture farmers; hence, providing more benefits (human food, animal feed, fuel, shade and income (IFAD, IDRC *et al.*, 2001).

Pit planting, application of adequate amounts of N both by inorganic and organic manures, and green manuring led to higher performances of LEISA I and Conventional II. Nitrogen, Phosphorus and Potassium are vital for increased mulberry leaf production. Nitrogen is involved in the building up of plant tissues and protein synthesis and thus determines over-all growth (Cosico, 2005). Leaf yield was reduced by 10% when N, 6% when P_20_5 , and 12% when K_20 were not applied. Insufficiency of N leads to reduced proteins and water contents of leaves but with adequate N, mulberry has more succulent leaves and improved feeding value (FAO, 1990). P is a constituent of cell nucleus and essential in cell division. K influences the development of woody parts of the stem essential for photosynthesis and translocation of starch for sustained yield of quality leaves. P and K aid in the efficient utilization of N increasing the quality of leaves (FAO, 1987).

Yields depend on variety, location, (monthly temperature, solar radiation and rainfall) plant density, fertilizer application, and harvesting technique (Sanchez, 2000). Some plant characters were influenced by season in the different agroecosystems. They were plant height, length of shoots, and number of branches and average single leaf weight (Table 6). Plants grown in LEISA II, LEISA I, and Conventional II from June-November

were significantly taller than the rest of treatment combinations. Longer shoots were also observed in Conventional II and LEISA I of the same month. The number of leaves in LEISA I from May to July was significantly the highest. Heaviest average single leaf was also recorded in LEISA I from June to November. The least performers were observed in Organic Farming II and Existing Practice regardless of months harvested (Table 6).

In the second year, plant characters affected by seasons in the six agroecosystems were length of shoots, number of branches, weight of harvestable leaves, and average single leaf weight were observed (Table 7). Mulberry plants were taller in Conventional II and LEISA I from June to October and October to December and Conventional II from April to July. Longest shoots were significantly recorded in LEISA I from July to October while the most branches were recorded in the same systems from January to March. Likewise, LEISA I from January to March significantly recorded the heaviest harvestable leaves and average single leaf. Regardless of seasons, plants in Organic farming II and the Existing practice had shorter plants and shoot lengths, less branches and number of leaves, and lighter harvestable leaves and average single leaf compared with the other treatment combinations (Table 7).

The use of organic farming techniques can be a good alternative to conventional sericulture farming. When farms are initially converted to organic methods, yields may fall significantly because it takes time for the biological processes in organic systems to become established. Nutrient deficiencies may sometimes occur (Alvarez *et al.*, 1999). This was observed during the first year growth of mulberry in the organic treatments (Organic farming I and II). However, this lower yield in the early stage should not be taken as an indicator to actual yields. Established organic farms give significantly higher yields than conventional systems in a longer span of time (Alvarez *et al.*, 1999). Silk wastes are good source of organic materials and they could be composted in 4 months (Bogesha *et al.*, 2005).

| | Plant | Length of | Number | Number | Weight of | Average |
|-----------------------|------------|------------|----------|------------|-------------|-------------|
| Factors | Height | Shoots | of | of Leaves/ | Harvestable | Single Leaf |
| | (cm) | (cm) | Branches | Plant (g) | Leaves/ | Weight (g) |
| | | . , | /Plant | | Plant | 0 (0) |
| June to November 2002 | | | | | | |
| Existing Practice | 215.01 g-i | 129.04 d-f | 2.80 i | 44.94 | 180.80 | 4.02 c |
| Conventional I | 219.59 f-i | 162.85 c-d | 3.53 g-i | 52.21 | 207.92 | 4.23 c |
| Conventional II | 331.77 a-b | 206.88 a-b | 3.51 g-i | 50.48 | 283.34 | 5.58 c |
| LEISA I | 325.30 a | 213.46 a | 3.65 f-i | 54.49 | 349.41 | 5.57 a |
| LEISA II | 290.37 а-с | 185.97 a-c | 3.37 g-i | 57.85 | 291.08 | 4.97 b |
| Organic Farming I | 259.23 c-g | 160.88 c-d | 3.03 g-i | 56.33 | 236.89 | 4.23 c |
| Organic Farming II | 183.60 i-j | 125.14 d-f | 2.82 h-i | 42.25 | 167.32 | 3.96 c |
| January to April 2003 | | | | | | |
| Existing Practice | 189.50 i-j | 88.70 f | 4.57 e-i | 144.63 | 236.67 | 1.77 g-i |
| Conventional I | 234.67 d-h | 125.53 d-f | 5.93 e | 151.65 | 349.67 | 2.30 f-g |
| Conventional II | 263.40 c-f | 147.64 c-d | 6.07 e | 162.30 | 480.00 | 2.91 d-e |
| LEISA I | 262.93 c-f | 136.22 с-е | 6.40 d-e | 184.92 | 576.67 | 3.10 d |
| LEISA II | 247.47 c-g | 133.54 d-e | 5.40 e-f | 153.60 | 375.67 | 2.42 e-f |
| Organic Farming I | 224.07 f-i | 127.56 d-f | 4.97 e-i | 143.57 | 313.67 | 2.19 f-h |
| Organic Farming II | 205.63 h-i | 97.47 e-f | 4.77 e-h | 124.96 | 231.00 | 1.93 f-i |
| May to July 2003 | | | | | | |
| Existing Practice | 146.10 i-i | 136.91 c-e | 8.07 c-d | 140.44 | 193.08 | 1.37 i |
| Conventional I | 242.30 d-h | 142.56 c-d | 9.86 b-c | 195.97 | 379.29 | 1.93 f-i |
| Conventional II | 278.41 b-d | 156.14 c-d | 11.19 b | 228.43 | 475.75 | 2.07 f-h |
| LEISA I | 288.66 a-c | 161.04 b-d | 13.39 a | 215.87 | 497.75 | 2.27 f-g |
| LEISA II | 269.22 с-е | 154.76 c-d | 11.09 b | 195.81 | 408.48 | 2.07 f-h |
| Organic Farming I | 226.72 i-j | 139.20 c-d | 9.28 c | 176.49 | 315.06 | 1.80 g-i |
| Organic Farming II | 184.30 i-j | 137.49 с-е | 8.14 c-d | 154.20 | 258.40 | 1.69 h-i |

Table 6. Interaction effects between season x agroecosystems on the growth and yield of mulberry during its first years of establishment in Sta. Maria, Ilocos Sur.

In a column for each factor (seasons and agro-ecosystem), means followed by the same letter are not significantly different from each other at 5% level DMRT.

Treatment Description

| = Row system + 100-50-50 kg NPK/ha |
|--|
| = Row system + 200-50-50 kg NPK/ha |
| = Pit system + 200-50-50 kg NPK/ha |
| = Pit system + 100-50-50 kg NPK/ha + 10 t manure + green manure + |
| |
| = Pit system + 50-50-50 kg NPK ha ⁻¹ + 10 t manure + green manure + green leaf manure + mulch |
| |

Organic Farming I = Pit system + 10 t manure + green manure + green leaf manure + mulch Organic Farming II = Pit system + green manure + green leaf manure + mulch

| | Plant Height | Length of | Number | Number of | Weight of | Average |
|-------------------------|--------------|------------|--------------------|--------------|--------------|-------------|
| Factors | (cm) | Shoots | of | Leaves/Plant | Harvestable | Single Leaf |
| | | (cm) | Branches/ Plant | (g) | Leaves/Plant | Weight (g) |
| July to October 2003 | | | | | | |
| Existing Practice | 169.40 g-l | 94.81 h-i | 5.22 l-n | 114.08 | 305.99 e-h | 2.72 e-j |
| Conventional I | 195.09 c-e | 140.99 c | 6.37 i-l | 124.40 | 458.75 c-d | 3.71 c-d |
| Conventional II | 216.60 a-b | 154.33 b | 7.87 e-h | 123.96 | 504.53 b-c | 4.06 b-c |
| LEISA I | 229.97 a | 163.40 a | 8.00 d-g | 142.86 | 637.38 a | 4.44 a |
| LEISA II | 204.40 b-c | 128.13 d | 6.97 f-j | 143.95 | 556.73 b | 3.87 b |
| Organic Farming I | 189.60 c-f | 117.72 e-f | 5.70 k-n | 131.81 | 447.35 c-d | 3.43 c-d |
| Organic Farming II | 169.70 g-k | 107.59 f-h | 4.63 n | 94.33 | 290.52 e-j | 3.16 e-i |
| October - December 2003 | | | | | | |
| Existing Practice | 148.271 | 68.57 l-n | 6.63 g-l | 93.44 | 203.73 i-l | 1.91 i-l |
| Conventional I | 183.21 e-g | 94.78 g-h | 7.28 f-j | 100.54 | 245.11 f-k | 2.10 f-k |
| Conventional II | 221.74 a | 111.62 e-f | 10.04 b-c | 109.94 | 333.47 e-g | 2.47 e-g |
| LEISA I | 215.88 a-b | 120.63 d-e | 10.90 b | 115.59 | 340.64 e-f | 2.55 e-f |
| LEISA II | 188.80 d-f | 103.17 f-h | 8.31 d-f | 107.19 | 280.08 f-k | 2.21 f-k |
| Organic Farming I | 174.47 f-j | 85.44 i-j | 7.20 f-j | 101.90 | 278.24 f-k | 1.86 f-k |
| Organic Farming II | 159.87 j-i | 75.68 j-1 | 6.17 j-m | 103.87 | 196.77 j-l | 1.71 j-l |
| January to March 2004 | | | | | | |
| Existing Practice | 167.91 h-j | 57.54 k-m | 7.81 e-h | 93.66 | 171.61 j-l | 1.831 |
| Conventional I | 168.32 g-k | 70.67 m-o | 9.31 c-d | 167.02 | 200.571 | 1.89 j-l |
| Conventional II | 182.05 e-h | 82.36 j-k | 11.38 b | 113.93 | 240.90 g-l | 2.12 g-k |
| LEISA I | 187.62 d-f | 83.10 j | 12.76 a | 149.75 | 297.45 e-i | 1.98 e-i |
| LEISA II | 162.57 j-k | 73.12 j-l | 10.14 b-c | 109.80 | 228.65 i-m | 2.08 h-l |
| Organic Farming I | 158.24 k-l | 65.88 l-o | 8.96 c-e | 125.44 | 185.60 k-l | 1.48 k-l |
| Organic Farming II | 156.43 k-l | 60.16 n-o | 7.77 e-i | 119.89 | 160.90 n | 1.341 |
| April to July 2004 | | | | | | |
| Existing Practice | 157.25 k-l | 66.69 o | 5.72 k-n | 135.96 | 235.68 h-l | 1.73 h-l |
| Conventional I | 176.76 f-i | 82.30 j-l | 6.13 j-m | 130.26 | 291.30 e-i | 2.23 e-i |
| Conventional II | 222.00 a | 112.63 f-g | 6.29 j-l | 131.81 | 344.25 e-f | 2.62 e-f |
| LEISA I | 200.52 c-d | 98.19 h | 6.52 h-l | 145.36 | 379.28 d-e | 2.66 d-e |
| LEISA II | 189.42 c-f | 88.36 j-k | 6.05 k-n | 148.01 | 341.6 e-f | 2.33 e-f |
| Organic Farming I | 182.61 e-h | 81.25 k-m | 5.43 l-n | 122.87 | 240.52 g-l | 1.97 e-k |
| Organic Farming II | 151.371 | 71.70 m-o | 4.87 m-n | 131.57 | 206.91 i-l | 1.58 i-l |

| Table 7. Interaction effects of season x agro-ecosystems on the growth and yield of | |
|---|--|
| mulberry during its second year establishment in Sta. Maria, Ilocos Sur. | |

In a column for each factor (seasons and agroecosystems), means followed by the same letter are not significantly different from each other at 5% level DMRT.

Protein Content of Mulberry at Different Ages After Pruning

Protein contents decreased as the mulberry leaves matured. At 50 days after pruning, protein contents of the shoots ranged from 26% to 31%; at 1-10th positions (for young-age feeding), from 21 to 25% while lower leaves ranged from 18 to 22% (Figure 4). Regardless of leaf position, Conventional II had the highest protein content of 25%, followed by LEISA II, Conventional I, and LEISA I, with 25, 24, and 24%, respectively. Organic Farming II had 23% and Existing Practice, 23%. Higher protein in Conventional I and II could be a consequence of higher N applied. With more N, crude protein increased while sugar, phosphoric acid, potash and lime increased. N influenced total yield of mulberry leaves while P and K aided in utilization of N, thereby improving the quality and quantity of leaves (Central Silk Board, 1987).

At 60 days after pruning, protein contents of shoots were highest in Organic Farming I, Conventional I and II and LEISA II, lowest in LEISA I, Organic Farming II and Existing Practice (Figure 5). At 1^{st} – 5^{th} leaf positions, contents were highest in Conventional I, LEISA II, and Conventional II. At 6^{th} - 10^{th} leaf position, Existing Practice had the highest protein content, the lowest in Organic Farming II. At 11- 15^{th} leaf position, protein contents were highest in LEISA I and lowest in Organic Farming II. At 16- 20^{th} leaf position, protein content was highest in LEISA II and lowest in Existing Practice. At 21-25th leaf position, protein content was highest in LEISA II. It could be noted that protein contents of mulberry leaves decreased with the maturity of leaves.



Figure 4. Protein content of mulberry leaves at different leaf positions, (50DAP) in Sta. Maria, Ilocos Sur.



Figure 5. Protein content of mulberry leaves at different leaf positions (60DAP) in Sta. Maria, Ilocos Sur.

On the average, Conventional I, Conventional II, LEISA II and Organic Farming I had higher protein contents ranging from 22.15 to 23.24%. Existing Practice, LEISA I and Organic Farming II had lower protein contents ranging from 20.32 to 21.75 percent. However, these leaves had acceptable protein levels suited for late-age rearing.

Moisture Content of Mulberry Leaves at Different Times of Harvesting and Leaf Positions During Summer

At 45 days after pruning (DAP), moisture contents of leaves ranged from 79.77 to 87.45% depending on the agroecosystems. There were no significant differences in moisture contents of the different treatments except for Organic Farming II. The trend was that water declined as the leaves matured (Fig.6). On the 65th day after pruning, no variations on the moisture contents of the shoots were observed but at the 1-5th leaf positions. LEISA I and Conventional treatments had similar moisture contents with Existing Practice while of the 6-9th position, LEISA I and Conventional treatments had higher moisture contents than the other treatments. At lower levels, no differences were observed at 10-15th leaf positions but at the 16-20th position the Conventional I and II and the LEISA I & II had more moisture contents than the other treatments. On the 65th

day after pruning, significant differences were again observed on the moisture contents of leaves as affected by the different agroecosystems. The plants in the Conventional treatments and LEISA I had higher moisture contents from $1-5^{th}$ and $10-15-16-20^{th}$ positions compared with the other treatments. This implies that these treatments are more succulent and palatable to the silkworms (Fig. 7). For quality mulberry leaves for silkworm, the top leaves should have a moisture content ranging from 78 to 80% for the first and second instar, 76-77% for the third instars (ESCAP, 1993). Too soft leaves in very early stage have been found not palatable. The leaves best relished and utilized are those containing more moisture, proteins, sugars, and carbohydrates and less ash and fiber. Rearing should be done at the correct stage of leaf maturity for bulk harvest of mulberry leaves (Krishnaswami, 1990). Mulberry leaves for young silkworms must be soft, rich in water content, protein, carbohydrates, etc. Leaves which retain or contain more water and protein and have less carbohydrates and fiber contents are suitable for rearing young age silkworm larvae (Krishnaswami et al., 1987). For late age worms, higher protein content is desirable, but the leaves should not contain too much moisture. Soft and mature leaves are suitable for feeding late age worms and this could be attained when mulberry is grown in good soil optimum application of balanced fertilizer, suitable practices, and assured rainfall/irrigation (FAO, 1987; Hikari, 1997).



Figure 6. Moisture content of mulberry leaves as different leaf position (45DAP), Sta. Maria, Ilocos Sur, Mar-Apr 2004.



Figure 7. Moisture content of mulberry leaves at different leaf positions at 65 DAP, Sta. Maria, Ilocos Sur, Mar-Apr 2004.

CONCLUSION

The growth and yield of mulberry were significantly affected in the different agroecosystems. Pit planting of mulberry and fertilized with any of the following : 1)100-50-50 kg NPK/ha + 10 tons manure + green manure + mulch (LEISA I), 2) 50-50-50 kg NPK/ha + 10 tons manures + green + green leaf manure + mulch (LEISA II), and 3) 10 tons manure + green manure + green leaf manure + mulch (Organic Farming I) gave higher mulberry leaf yields (taller mulberry plants, longer shoots, heavier single leaf weights), higher protein contents and acceptable range of moisture (high moisture contents for young-age worms and low moisture contents for late-age silkworms), and two major leaf quality favorable for cocoon production. Applying chemical fertilizer alone as in Existing Practice proved the least effective. The use of sustainable and organic farming techniques can be a good alternative to conventional sericulture farming.

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